

## **Kanako Taku, Ph.D.**

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### **Education**

2005 Doctor of Philosophy

Nagoya University, Graduate School of Education and Human Development

Clinical Psychology (Department of Clinical Psychology Study for Development)

Dissertation: Growth as a result of the stressful experiences among Japanese adolescents

1998 Master of Education

Chiba University, Graduate School of Education

School Education Specialty

Thesis: The role of stress coping in adjustment to school and a sense of fulfillment among Japanese adolescents

1996 Bachelor of Education

Kobe University, Department of Human Development

Educational Psychology

### **Certification**

2000 Certified Clinical Psychologist (#8235) by Japanese Certification Board for Clinical Psychologist

1996 Teacher's Certificate for Elementary Education

### **Postdoctoral Research**

2005-2008 Department of Psychology, University of North Carolina at Charlotte

Research project includes posttraumatic growth and its relationships with emotional and cognitive processing, comparing Japanese and U.S. populations, by using both quantitative and qualitative research methodologies.

## Books

- Taku, K., & Shackelford, T. K. (2024). *The Routledge International Handbook of Changes in Human Perceptions and Behaviors*. NY: Routledge.
- Arai, H., Takeda, D., & Taku, K. (2024). *39nin no kotonoha – Anotoki kokoroni hibiitanowa riyuga aru [39 voices: Inspiring adages and proverbs (written in Japanese)]*. Kyorin shoin, Tokyo, Japan.
- Iimura, S., Matsui, T., Taku, K. (2022). *Geemu kankau de minitsuku ronbun shippitsu – “Imayori motto ronbunwo kaku” to kimeta kenkyushae [Master in writing a scholarly paper like playing games – For researchers who decided to write papers more (written in Japanese)]*. Kazama Shobo, Tokyo, Japan.
- Taku, K. (2021). *Koronaka to kokoro no seicho – Nichibei ni okeru PTG kenkyu to daigaku kyoiku no miryoku [The COVID-19 crisis and personal growth: The pull of PTG research and college education in Japan and the US (written in Japanese)]*. Kazama Shobo, Tokyo, Japan.
- Tedeschi, R. G., Shakespeare-Finch, J., Taku, K., & Calhoun, L. G. (2018). *Posttraumatic growth: Theory, Research, and Applications*. NY, London: Routledge.
- Taku, K. (2016). *PTG no kanosei to kadai [Potential and challenges of PTG (written in Japanese)]*. Kaneko Shobo, Tokyo, Japan.
- Oshio, A., & Taku, K. (2015). *Shinrigaku no sotsugyo kenkyu workbook: Hassou kara ronbun kansei madeno 10 stage [Workbook for senior research project in psychology: 10 stages from getting ideas to completing the thesis paper (written in Japanese)]*. Kaneko Shobo, Tokyo, Japan.
- Taku, K. (2014). *Kanashimi kara hitoga seicho surutoki: PTG (Posttraumatic Growth) [When people grow from sorrow: PTG (written in Japanese)]*. Kazama Shobo, Tokyo, Japan.
- Taku, K., & Shimizu, K. (2013). *Shinteki-gaishogo seicho handbook: Taegatai taiken wa hitono kokoroni dou sayousuruka [Japanese translation of Posttraumatic Growth Handbook. L. G. Calhoun & R. G. Tedeschi. (Eds.), 2006, Handbook of Posttraumatic growth: Research and Practice: Mahwah, NJ. Lawrence Erlbaum Associates], Igaku Shoin, Tokyo, Japan.*
- Taku, K. (2010). *Gaishogo Seicho ni Kansuru Kenkyu [Research on posttraumatic growth: Psychological changes as a result of the stressful experiences among Japanese adolescents (written in Japanese)]*. Kazama Shobo, Tokyo, Japan.

## Book Chapters

- Elam, T., Madison, J., & Taku, K. (2024). Changes in narrative identity: Desistance of antisocial behavior and posttraumatic growth. In K. Taku & T. Shackelford (Eds.), *The Routledge International Handbook of Changes in Human Perceptions and Behaviors*. NY: Routledge.
- Elam, T., O'Brien, C., & Taku, K. (2023). PTG and resilience in relation to racial discrimination, ethnic differences and perceptions toward mental disorders. In R. Berger (Ed.), *The Routledge International Handbook of Posttraumatic Growth*. Routledge.
- Dominick, W., & Taku, K. (2023). Application of a theoretical model of posttraumatic growth to distinguish between posttraumatic growth and illusory growth. In R. Berger (Ed.), *The Routledge International Handbook of Posttraumatic Growth*. Routledge.
- Pado, K., & Taku, K. (2021). Posttraumatic growth among female survivors and male perpetrators of domestic violence. In T. Shackelford (Ed.), *The SAGE Handbook of Domestic Violence*. SAGE Publishing.

- Taku, K., & Hirooka, K. (2021). Posttraumatic growth (written in Japanese). In M. Akiyama, S. Shimai, & T. Maeno. (Eds.), *Positive psychology for nursing* (pp.253-273). Igaku Shoin, Tokyo, Japan.
- Dominick, W., Mulhem, E., & Taku, K. (2021). Posttraumatic growth and resiliency associated with medical mishaps in residents. In M. Shabahang, M. Hunsinger, & B. Lang. (Eds.), *Promoting resiliency and wellness among physician residents*. Cognella Academic Publishing.
- Prioleau, P., Pham, T., Anderson, D., Yanagisawa, R., Taku, K., Lobel, M., & Katz, C. (2016). 3/11 and 9/11: A multifaceted investigation of a survivor exchange program. In J. Shigemura, & R. K. Chhem (Eds.), *Mental health and social issues following a nuclear accident: The case of Fukushima* (pp.83-97). Springer.
- Taku, K. (2012). PTG research in the U.S.: From the cross-cultural perspectives (written in Japanese). In T. Kondo (Ed.), *PTG Shinteki gaishogo seicho: Beyond trauma*. (pp.170-182). Kaneko Shobo, Tokyo, Japan.
- Taku, K. (2010). Posttraumatic growth in Japan: A path toward a better understanding of culture-constant and culture-specific aspects. In T. Weiss & R. Berger (Eds.), *Posttraumatic growth and culturally competent practice: Lessons learned from around the globe*. (pp. 129-145). Hoboken, N. J: John Wiley & Sons.

## Journal Publications

### In Press

- Pado, K., Fraus, K., Mulhem, E., & Taku, K. (in press). Posttraumatic growth and second victim distress resulting from medical mishaps among physicians and nurses. *Journal of Clinical Psychology in Medical Settings*. doi: 10.1007/s10880-022-09931-3
- Matsui, T., & Taku, K. (in press). Relationship between posttraumatic growth and help-seeking behavior in use of psychosocial support services among patients with cancer. *Journal of Cancer Survivorship*. doi:10.1007/s11764-023-01418-w
- Taku, K., & Arai, H. (in press). Values in the risk factors of passive suicide ideation among young adults in the US and Japan. *Frontiers in Psychology*. doi: 10.3389/fpsyg.2023.1239103
- Taku, K., Rhodes, J., & Zeigler-Hill, V. (in press). Associations that Hikikomori had with thwarted belongingness and perceived burdensomeness in the United States and Japan. *Personality and Individual Differences*, 214, 122355. doi: 10.1016/j.paid.2023.112355

### 2023

- Matsui, M., Taku, K., Tsutsumi, R., Ueno, M., Seto, M., Makimoto, A., & Yuza Y. (2023). Role of peer support in posttraumatic growth among adolescent and young adult cancer patients and survivors. *Journal of Adolescent and Young Adult Oncology*, 12(4), 503-511. doi: 10.1089/jayao.2022.0064
- Platte S., Wiesmann, U., Tedeschi, R. G., Taku, K., & Kehl, D. (2023). A short form of the posttraumatic growth and posttraumatic depreciation inventory – Expanded (PTGDI-X-SF) among German adults. *Psychological Trauma: Theory, Research, Practice, and*

*Policy*, 15(5), 838-845. doi: 10.1037/tra0001378

- O'Brien, C., & Taku, K. (2023). Distinguishing between resilience and posttraumatic growth: Perceptions of and attitudes toward depression. *Psychology, Health & Medicine*, 28(6), 1487-1494. doi: 10.1080/13548506.2022.2064521
- Oshiro, R., Soejima, T., Kita, S., Benson, K., Kibi, S., Hiraki, K., Kamibeppu, K., & Taku, K. (2023). Reliability and validity of the Japanese version of the short form of the expanded version of the posttraumatic growth inventory (PTGI-X-SF-J): A cross-sectional study. *International Journal of Environmental Research and Public Health*, 20, 5965. doi: 10.3390/ijerph20115965
- Romeo, A., Tella, M., Rutto, F., Castelli, L., Taku, K., & Loera, B. L. (2023). Expanded version of the posttraumatic growth and depreciation inventory: Scale validation and refinement among Italian adults. *Psychological Trauma: Theory, Research, Practice, and Policy*, 15(1), 1-9. doi: 10.1037/tra0001203
- Fraus, K., Dominick, W., Walenski, A., & Taku, K. (2023). The impact of multiple stressful life events on posttraumatic growth in adolescence. *Psychological Trauma: Theory, Research, Practice, and Policy*, 15(1), 10-17. doi: 10.1037/tra0001181
- Arai, H., Enomoto, K., Kuribayashi, C., Kanazawa, J., Fukamachi, H., & Taku, K. (2023). Are university student-athletes who have a clear sense of their worth happy? *Journal of Japan Society of Sports Industry*, 33(4), 281-293. [https://doi.org/10.5997/sposun.33.4\\_281](https://doi.org/10.5997/sposun.33.4_281)

## 2022

- Luo, C., Santos-Malave, G., Katz, C., Taku, K., & Yanagisawa, R. (2022). Posttraumatic growth and resilience among American medical students during the COVID-19 pandemic. *Psychiatric Quarterly*, 93, 599-612. doi:10.1007/s11126-022-09981-8
- Benson, K., Nicholas, A., & Taku, K. (2022). Complex outcomes of failure: How loss of success yields wisdom alongside depression. *Journal of Loss and Trauma*, 27(8), 693-702. doi: 10.1080/15325024.2022.2037896
- Kibi, S., Oshiro, R., Soejima, T., Kamibeppu, K., Hiraki, K., Sasaki, T., Takano, A., & Taku, K. (2022). Influence of perceived trauma on the cognitive processing model of posttraumatic growth among university students. *Psychology, Health & Medicine*, 27, 2021-2029. doi: 10.1080/13548506.2021.2001548
- Elam, T., & Taku, K. (2022). Differences between posttraumatic growth and resiliency: Their distinctive relationships with empathy and emotion recognition ability. *Frontiers in Psychology*, 13, 825161. doi: 10.3389/fpsyg.2022.825161
- Elam, T., O'Brien, C., & Taku, K. (2022). Exploring the reasons behind perceived severity of modern and traditional types of depression in an American undergraduate sample. *International Journal of Psychiatry Research*, 5(4), 1-6. doi: 10.33425/2641-4317.1139
- O'Brien, C., & Taku, K. (2022). Alpha and beta changes in anxiety in response to mass shooting related information. *Personality and Individual Differences*, 186, Part A. doi: 10.1016/j.paid.2021.111326

- Dominick, W., Elam, T., Fraus, K., & Taku, K. (2022). Non-traditional social support, core belief disruption, and posttraumatic growth during COVID-19. *Journal of Loss and Trauma*, 27(3), 244-256. doi:10.1080/15325024.2021.1932968
- Ho, S. M. Y., Cheng, C., Shih, S., Taku, K., & Tedeschi, R. G. (2022). The Chinese version of Post-traumatic Growth and Depreciation Inventory – Expanded version (PTGDI-X) for cancer survivors. *Supportive Care in Cancer*, 30, 237-249. doi: 10.1007/s00520-021-06223-8
- Orille, A., Marton, V., & Taku, K. (2022). Posttraumatic growth impacts views of others' trauma: The roles of shared experience and gender. *Journal of Humanistic Psychology*, 62(5), 669-682. doi: 10.1177/0022167820961928

## **2021**

- Santos-Malave, G., Luo, C., Taku, K., Yanagisawa, R., & Katz, C. (2021). Post-traumatic growth and resilience in adolescents in Puerto Rico post-hurricane Maria. *ISMMS Journal of Science and Medicine*, 1(2): 10, 1-3. doi: 10.29024/ijsm.57
- Taku, K., Tedeschi, R. G., Shakespeare-Finch, J., Krosch, David, G., Kehl, D., Grunwald, S., Romeo, A., Tella, M. D., Kamibeppu, K., Soejima, T., Hiraki, K., Volgin, R., Dhakal, S., Zięba, M., Ramos, C., Nunes, R., Leal, I., Gouveia, P., Silva, C. C., Chaves, P. N. D. P., Zavala, C., Paz, A., Senol-Durak, E., Oshio, A., Canevello, A., Cann, A., & Calhoun, L. G. (2021). Posttraumatic growth (PTG) and posttraumatic depreciation (PTD) across ten countries: Global validation of the PTG-PTD theoretical model. *Personality and Individual Differences*, 169, 110222. doi: 10.1016/j.paid.2020.110222
- Mieda, T., Taku, K., & Oshio, A. (2021). Dichotomous thinking and cognitive ability. *Personality and Individual Differences*, 169, 110008. doi:10.1016/j.paid.2020.110008
- Irie, W., Shiwaku, H., Taku, K., Suzuki, Y., & Inoue, Y. (2021). Roles of re-examination of core beliefs and rumination in post-traumatic growth among parents of children with cancer: Comparisons with parents of children with chronic disease. *Cancer Nursing*, 44(1), 20-28. doi: 10.1097/NCC.0000000000000731

## **2020**

- Taku, K., & Arai, H. (2020). Impact of COVID-19 on athletes and coaches, and their values in Japan: Repercussions of postponing the Tokyo 2020 Olympic and Paralympic Games. *Journal of Loss and Trauma*, 25, 623-630. doi: 10.1080/15325024.2020.1777762
- Dominick, W., Walenski-Geml, A., & Taku, K. (2020). The impact of pets on posttraumatic growth and stress symptoms in adolescents. *Anthrozoös*, 34, 547-560. doi: 10.1080/08927936.2020.1771059
- Seyburn, S. J., LaLonde, L., & Taku, K. (2020). A sense of growth among teenagers after hurting others: A potential application of posttraumatic growth theory. *Journal of Loss and Trauma*, 25, 22-33. doi: 10.1080/15325024.2019.1645449

**2019**

- Britton, M., McDiarmid, L., Oshio, A., & Taku, K. (2019). Relationships among optimism, pessimism, and posttraumatic growth in the US and Japan: Focusing on varying patterns of perceived stressfulness. *Personality and Individual Differences, 151*(1), 109513. doi: 10.1016/j.paid.2019.109513
- Kaye-Kauderer, H. P., Levine, J., Takeguchi, Y., Machida, M., Sekine, H., Taku, K., Yanagisawa, R., & Katz, C. (2019). Post-traumatic growth and resilience among medical students after the March 2011 Disaster in Fukushima, Japan. *Psychiatric Quarterly, 90*, 507-518. doi: 10.1007/s11126-019-09646-z
- Dominick, W., & Taku, K. (2019). Cultural differences in the perception of personal growth among adolescents. *Cross-Cultural Research, 53*, 428-442. doi: 10.1177/1069397118815111
- Kashihara, J., Yamakawa, I., Kameyama, A., Muranaka, M., Taku, K., & Sakamoto, S. (2019). Perceptions of traditional and modern types of depression: A cross-cultural vignette survey comparing Japanese and American undergraduate students. *Psychiatry and Clinical Neurosciences, 73*, 441-447. doi: 10.1111/pcn.12838
- Taku, K., Oshio, A., & Dominick, W. (2019). Perceived responsibility and stressfulness among college students in the United States and Japan. *Journal of Loss and Trauma, 24*, 97-110. doi:10.1080/15379418.2018.1549206
- Orille, A., Harrison, L., & Taku, K. (2019). Individual differences in attitudes and perceptions toward posttraumatic growth and illusory growth. *Personality and Individual Differences, 142*, 153-158. doi: 10.1016/j.paid.2019.02.002
- Oshiro, R., Kopitz, J., Soejima, T., Kibi, S., Kamibeppu, K., Sakamoto, S., & Taku, K. (2019). Perceptions of positive and negative changes for posttraumatic growth and depreciation: Judgments from Japanese undergraduates. *Personality and Individual Differences, 137*, 17-21. doi:10.1016/j.paid.2018.07.040

**2018**

- Iwabuchi, S., Taku, K., & Fujiwara, T. (2018). Examination of the reducing effect of stress reactions on PTG (posttraumatic growth) among junior high school students in the disaster area of Great East Japan earthquake (Written in Japanese with English abstract). *Japanese Journal of School Mental Health, 21*(2), 1-9. ISSN: 13445944
- Hirooka, K., Fukahori, H., Taku, K., Izawa, S., & Ogawa, A. (2018). Posttraumatic growth in bereaved family members of patients with cancer: A qualitative analysis. *Supportive Care in Cancer, 27*, 1417-1424. doi: 10.1007/s00520-018-4440-6
- Taku, K., & McLarnon, M. J. W. (2018). Posttraumatic growth profiles and their relationships with HEXACO personality traits. *Personality and Individual Differences, 134*, 33-42. doi:10.1016/j.paid.2018.05.038
- Taku, K., Prioleau, P. G., Anderson, D. S., Takeguchi, Y., Sekine, H., Maeda, M., Yabe, H., Yanagisawa, R. T., & Katz, C. L. (2018). Medical student reactions to disaster after the 2011 Great East Japan Earthquake: Motivation and posttraumatic growth. *Psychiatric Quarterly, 89*, 1007-1018. doi:10.1007/s11126-018-9601-8
- Bagayogo, I. P., Turcios-Wiswe, K., Taku, K., Peccoraro, L., & Katz, C. L. (2018). Providing mental health services in the primary care setting: The experiences and perceptions of general

practitioners at a New York City clinic. *Psychiatric Quarterly*, 89, 897-908. doi:10.1007/s11126-018-9587-2

- Nakamura, T., Tsuchiya, H., & Taku, K. (2018). The features of posttraumatic growth after athletic injury. *Japan Journal of Physical Education, Health and Sport Sciences*, 63, 291-304. doi:10.5432/jjpehss.17039
- Imura, S., & Taku, K. (2018). Positive developmental changes after transition to high school: Is retrospective growth correlated with measured changes in current status of personal growth? *Journal of Youth and Adolescence*, 47, 1192-1207. doi:10.1007/s10964-018-0816-7
- Imura, S., & Taku, K. (2018). Gender differences in relationship between resilience and Big Five personality traits in Japanese adolescents. *Psychological Reports*, 121, 920-931. doi:10.1177/0033294117741654
- Loh, D. A., Joshi, A., Taku, K., Mendelsohn, N., & Katz, C. L. (2018). Knowledge and attitudes towards clinical depression among community medical providers in Gujarat, India. *Psychiatric Quarterly*, 89, 249-259. doi:10.1007/s11126-017-9530-y
- Hirooka, K., Fukahori, H., Taku, K., & Togari, T. (2018). Examining posttraumatic growth among bereaved family members of patients with cancer who received palliative care at home. *American Journal of Hospice and Palliative Care*, 35, 211-217. doi:10.1177/1049909117703358
- Oshio, A., Taku, K., Hirano, M., & Saeed, G. (2018). Resilience and Big Five personality traits: A meta-analysis. *Personality and Individual Differences*, 127, 54-60. doi:10.1016/j.paid.2018.01.048
- Taku, K., Imura, S., & McDiarmid, L. (2018). Ceiling effects and floor effects of the Posttraumatic Growth Inventory. *Journal of Child and Family Studies*, 27, 387-397. doi:10.1007/s10826-017-0915-1

## **2017**

- McDiarmid, L., Taku, K., & Phillips, M. (2017). Posttraumatic growth associated with perceived changes in health values and reduced alcohol use among bereaved college students. *Traumatology*, 23, 309-316. doi:10.1037/trm0000120
- Hirooka, K., Fukahori, H., Taku, K., Togari, T., & Ogawa, A. (2017). Quality of death, rumination and posttraumatic growth among bereaved family members of cancer patients in home palliative care. *Psycho-Oncology*, 26, 2168-2174. doi:10.1002/pon.4446
- Taku, K., & Britton, M. (2017). Relationships between self-esteem and posttraumatic growth among adolescents in the U.S. *Mental Health in Family Medicine*, 13, 656-664.
- Taku, K., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2017). Psychoeducational intervention program about posttraumatic growth for Japanese high school students. *Journal of Loss and Trauma*, 22, 271-282. doi:10.1080/15325024.2017.1284504
- Tedeschi, R. G., Cann, A., Taku, K., Senol-Durak, E., & Calhoun, L. G. (2017). The Posttraumatic Growth Inventory: A revision integrating existential and spiritual change. *Journal of Traumatic Stress*, 30, 11-18. doi:10.1002/jts.22155
- Eckleberry-Hunt, J., Kirkpatrick, H., & Taku, K. (2017). Self-report study of predictors of physician wellness, burnout, and quality of patient care. *Southern Medical Journal*, 110, 244-248. doi:10.14423/SMJ.0000000000000629
- McDiarmid, L., & Taku, K. (2017). Family valued and personally important posttraumatic growth in American and Japanese adolescents. *Journal of Child and Family Studies*, 26, 357-369. doi:10.1007/s10826-016-0565-8

**2016**

- Anderson, D., Prioleau, P., Taku, K., Naruse, Y., Sekine, H., Maeda, M., Yabe, H., Katz, C., & Yanagisawa, R. (2016). Post-traumatic stress and growth among medical student volunteers after the March 2011 Disaster in Fukushima, Japan: Implications for student involvement with future disasters. *Psychiatric Quarterly*, *87*, 241-251. doi:10.1007/s11126-015-9381-3
- Eckleberry-Hunt, J., Kirkpatrick, H., Taku, K., Hunt, R., & Vasappa, R. (2016). Relation between physicians' work lives and happiness. *Southern Medical Journal*, *109*, 207-212. doi: 10.14423/SMJ0000000000000437
- Matsui, T., & Taku, K. (2016). A review of posttraumatic growth and help-seeking behavior in cancer survivors: Effects of distal and proximate culture. *Japanese Psychological Research*, *58*, 142-162. doi: 10.1111/jpr.12105
- Oshio, A., Mieda, T., & Taku, K. (2016). Younger people, and stronger effects of all-or-nothing thoughts on aggression: Moderating effects of age on the relationships between dichotomous thinking and aggression. *Cogent Psychology*, *3*:1244874. doi:10.1080/23311908.2016.1244874

**2015**

- Taku, K., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2015). Core beliefs shaken by an earthquake correlate with posttraumatic growth. *Psychological Trauma: Theory, Research, Practice, and Policy*, *7*, 563-569. doi:10.1037/tra0000054
- Taku, K., & McDiarmid, L. (2015). Personally important posttraumatic growth in adolescents: The effect on self-esteem beyond commonly defined posttraumatic growth. *Journal of Adolescence*, *44*, 224-231. doi:10.1016/j.adolescence.2015.08.001
- Hayashi, M., Ichii, M., Taku, K., & Tominaga, Y. (2015). The role of event-related rumination, self-disclosure, perceived reactions of listeners in post-traumatic stress reactions and posttraumatic growth (Written in Japanese with English abstract). *Japanese Journal of Traumatic Stress*, *13*, 51-59.
- Taku, K., & Oshio, A. (2015). An item-level analysis of the Posttraumatic Growth Inventory: Relationships with an examination of core beliefs and deliberate rumination. *Personality and Individual Differences*, *86*, 156-160. doi: 10.1016/j.paid.2015.06.025
- Taku, K., Tedeschi, R. G., & Cann, A. (2015). Relationships of posttraumatic growth and stress responses in bereaved young adults. *Journal of Loss and Trauma*, *20*, 56-71. doi: 10.1080/15325024.2013.824306

**2014**

- Taku, K. (2014). Relationships among Perceived Psychological Growth, Resilience and Burnout in Physicians. *Personality and Individual Differences*, *59*, 120-123. doi: 10.1016/j.paid.2013.11.003
- Taku, K., & Cann, A. (2014). Cross-national and religious relationships with posttraumatic growth: The role of individual differences and perceptions of the triggering event. *Journal of Cross-Cultural Psychology*, *45*, 601-617. doi: 10.101177/0022022113520074

**2013**

Taku, K. (2013). Posttraumatic growth in American and Japanese men: Comparing levels of growth and perceptions of indicators of growth. *Psychology of Men and Masculinity, 14*, 423-432. doi: 10.1037/a0029582

**2012**

Taku, K., Kilmer, R. P., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2012). Exploring posttraumatic growth in Japanese youth. *Psychological Trauma: Theory, Research, Practice, and Policy, 4*, 411-419. doi: 10.1037/a0024363

**2011**

Taku, K. (2011). Commonly-defined and individually-defined posttraumatic growth in the U.S. and Japan. *Personality and Individual Differences, 51*, 188-193. doi: 10.1916/j.paid.2011.04.002

**2010**

Cann, A., Calhoun, L. G., Tedeschi, R. G., Taku, K., & Vishnevsky, T. (2010). A short form of the Posttraumatic Growth Inventory. *Anxiety, Stress, & Coping, 23*, 127-137. doi: 10.1080/10615800903094273

Cann, A., Stilwell, K., & Taku, K. (2010). Humor styles, positive personality and health. *Europe's Journal of Psychology, 3*, 213-235. doi: 10.5964/ejop.v6i3.214

**2009**

Taku, K., Tedeschi, R. G., Cann, A., & Calhoun, L. G. (2009). The culture of disclosure: Effects of perceived reactions to disclosure on posttraumatic growth and distress in Japan. *Journal of Social and Clinical Psychology, 29*, 1226-1243. doi: 10.1521/jscp.2009.28.10.1226

Kilmer, R. P., Gil-Rivas, V., Tedeschi, R. G., Cann, A., Calhoun, L. G., Buchanan, T., & Taku, K. (2009). Use of the revised Posttraumatic Growth Inventory for Children (PTGI-C-R). *Journal of Traumatic Stress, 22*, 248-253. doi: 10.1002/jts.20410

Taku, K., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2009). Intrusive versus deliberate rumination in posttraumatic growth across U.S. and Japanese samples. *Anxiety, Stress, & Coping, 22*, 129-136. doi: 10.1080/10615800802317841

**2008**

Taku, K., Calhoun, L. G., Cann, A., & Tedeschi, R. G. (2008). The role of rumination in the coexistence of distress and posttraumatic growth among bereaved Japanese university students. *Death Studies, 32*, 428-444. doi: 10.1080/07481180801974745

Taku, K., Cann, A., Calhoun, L. G., & Tedeschi, R. G. (2008). The factor structure of the Posttraumatic Growth Inventory: A comparison of five models using confirmatory factor analysis. *Journal of Traumatic Stress, 21*, 158-164. doi: 10.1002/jts.20305

**2007**

Taku, K., Calhoun, L. G., Tedeschi, R. G., Gil-Rivas, V., Kilmer, R. P., & Cann, A. (2007). Examining posttraumatic growth among Japanese university students. *Anxiety, Stress, & Coping*, 20, 353-367. doi: 10.1080/10615800701295007

**2005**

Taku, K. (2005). The mechanisms at work in self-growth coming from stress experience: Concentrating on making meaning out of stress (Written in Japanese with English abstract). *Journal of Japanese Clinical Psychology*, 23, 161-172.

**2004**

Taku, K. (2004). "Circulation model focused on the relationships between stress experience and a feeling of self-growth" in high school students: Towards the further understanding of the process of ego development (Written in Japanese with English abstract). *Journal of Japanese Clinical Psychology*, 22, 181-186.

**Non-Refereed Publications**

Taku, K. (2023). Opening editorial 2023: Receiving the baton. *Journal of Loss and Trauma*, 28(6), 489-492. doi: 10.1080/15325024.2023.2228098

Taku, K. (2022). How research on posttraumatic growth can contribute to child and adolescent psychiatry. *Japanese Journal of Child and Adolescent Psychiatry*, 63(3), pages TBA.

Arai, H., & Taku, K. (2020). COVID-19 pandemic and athlete-centered (Written in Japanese). *Japanese Journal of Health, Physical Education and Recreation*, 70, 593-597. ISSN: 0039-8985

Taku, K. (2019). Posttraumatic Growth. *Japanese encyclopedia of health psychology*. pp.542-543. Maruzen [written in Japanese].

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- Taku, K. (2000). Process of a clinical therapy with a woman who have loss of coordination disorder: What is the meaning of "secret" for her? *Bulletin of the Center for Developmental Clinical Psychology and Psychiatry, Nagoya University*, 15, 45-53 [written in Japanese].
- Shinto, T., Nogami, N., Sumitomo, I., Saito, S., Sato, M., Yoshida, K., Yanagihara, R., Yamamoto, T., Morita, H., Teramura, T., Sakaguchi, Y., Tanaka, T., Masui, R., Matsuda, N., Yamaguchi, M., Ninomiya, N., & Taku, K. (1997). A study on psychological effects of the Great Hanshin-Awaji Earthquake. *Bulletin of the Faculty of Human Development, Kobe University*, 4, 245-259 [written in Japanese].

## **Funded Research Activity (External)**

Title: An Evidence-Based Definition of Physician Wellness in Primary Care  
Role: Co-investigator (PI: Jodie Eckleberry-Hunt, PhD, ABPP)  
Funding Agency: American Academy of Family Physicians (AAFP)  
Award: Joint Grant Awards Program (JGAP), \$31,012  
Dates: June 2012 – June 2013

## **Funded Research Activity (Internal)**

Title: Posttraumatic Growth and Illusory Growth

Role: Principal Investigator  
Funding Agency: Oakland University  
Award: URC Faculty Research Fellowship (Internal Grant), \$10,000  
Dates: May 2020 – August 2020

Title: Experience of Posttraumatic Growth and Cultural Background Affecting Perceptions of Depression  
Role: Principal Investigator  
Funding Agency: Oakland University  
Award: URC Faculty Research Grant (Internal Grant), \$1,200  
Dates: March 2018 – June 2018

Title: Pontiac Veteran Outreach to Foster Posttraumatic Growth  
Role: Principal Investigator  
Funding Agency: Oakland University College of Arts and Sciences  
Award: Community Engagement Funding Program (Internal Grant), \$1,000  
Dates: February 2018 – January 2019

Title: Teen Parent Program at Pontiac High School  
Role: Principal Investigator  
Funding Agency: Oakland University College of Arts and Sciences  
Award: Community Engagement Funding Program (Internal Grant), \$1,500  
Dates: March 2017 – February 2018

Title: Effects of Mortality Salience and Personality on Posttraumatic Growth and Group Entitativity  
Role: Principal Investigator  
Funding Agency: Oakland University  
Award: URC Faculty Research Fellowship (Internal Grant), \$10,000  
Dates: May 2016 – August 2016

Title: Posttraumatic growth as a result of experiencing multiple stressful life events  
Role: Co-investigator and supervisor (PI: Aundrea Walenski)  
Funding Agency: Oakland University  
Award: Rosen Fellowship, \$2,000 (\$1,000 for student; \$1,000 for faculty)  
Dates: October 2015 – October 2016

Title: Effect of High School Intervention Program on Students' Posttraumatic Growth  
Role: Principal Investigator  
Funding Agency: Oakland University  
Award: URC Faculty Research Fellowship (Internal Grant), \$9,500  
Dates: May 2012 – August 2012

Title: The Influence of Social Expectation and Interpersonal Context on Posttraumatic Growth  
Role: Principal Investigator  
Funding Agency: Oakland University  
Award: URC Faculty Research Fellowship (Internal Grant), \$8,500  
Dates: May 2010 – August 2010

## **Awards and Grants to Students under my Supervision**

Paxton Hicks: Provost Student Research Grant Award (\$1,500 in 2023)  
Taylor Elam: Provost Student Research Grant Award (\$1,500 in 2022)  
Kaylie Williams: Provost Student Research Grant Award (\$1,500 in 2022)  
Victoria Kaznowski: Provost Student Research Grant Award (\$1,500 in 2021)  
Kayla Benson: Provost Student Research Grant Award (\$850 in 2021)  
Joseph Rhodes: Provost Student Research Grant Award (\$850 in 2021)  
Colin O'Brien: Provost Student Research Grant Award (\$1,500 in 2020; \$850 in 2021)  
Olivia Rothig: Provost Student Research Grant Award (\$1,500 in 2019)  
Whitney Dominick: Provost Student Research Grant Award (\$1,500 in 2015; \$1,500 in 2017; \$1,500 in winter 2018, and \$1,500 in fall 2018)  
Alvin Nicholas: Provost Student Research Grant Award (\$1,500 in 2018)  
Velinka Marton: Provost Student Research Grant Award (\$700 in 2018)  
Jessica Kopitz, Provost Student Research Grant Award (\$1,500 in 2017 and \$1,500 in 2018)  
Jenna Duronio: Provost Student Research Grant Award (\$1,350 in 2017)  
Matthew Moonier: Provost Student Research Grant Award (\$1,500 in 2016)  
Aundreah Walenski: Provost Student Research Award (\$1,780 in 2015)

### **Awards to Students under my Supervision**

Amber Efthemiou: Departmental Honors (2024)  
Amani Qaqish: Departmental Honors (2024)  
Avery Machuk: Departmental Honors (2024)  
Victoria Kaznowski: Departmental Honors (2022)  
Katherine Fraus: Departmental Honors (2021)  
Velinka Marton: Departmental Honors (2019)  
Jenna Duronio: Departmental Honors (2018)  
Lauren Harrison: Departmental Honors (2018)  
Shelby Seyburn: Department Honors (2017)  
Leah McDiarmid: Departmental Honors (2015)  
Aundreah Walenski: Departmental Honors (2015)  
Sean Callan: Departmental Honors (2011)  
Valarie Pierson: Departmental Honors (2011)  
Melanie Phillips: Departmental Honors (2010)

### **Honors, Awards, and other Recognition**

October 14, 2020. Honored at the 25<sup>th</sup> Annual Faculty Recognition Event in the area of Teaching, Oakland University

April 6, 2016. Honored at the 21st Annual Faculty Recognition Luncheon in the area of Teaching, Oakland University

November, 2014. Nominated for the Honors College “Inspiration Awards” Oakland University

August, 2014. Outstanding Poster Award at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Division, Washington, DC.

August, 2014. Raymond Corsini Student Poster Award at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 1 – General Psychology Division, Washington, DC.

January, 2012. Nominated for the 17<sup>th</sup> Annual Faculty Recognition in the area of Teaching, Oakland University

January, 2011. Nominated for the 16<sup>th</sup> Annual Faculty Recognition in the area of Teaching, Oakland University

April 14<sup>th</sup>, 2010. Honored at the 15<sup>th</sup> Annual Faculty Recognition luncheon in the area of Research, Oakland University

## **Invited Talks, Keynote Speeches, and Organized Workshops**

Taku, K. (2023, December 21). Nursing Research. Tokyo Medical and Dental University. Nursing Innovation Research Center (NIReC), Tokyo, Japan.

Taku, K. (2023, December 19). PTG and Psychological Change. Tokyo Medical and Dental University. Nursing Innovation Research Center (NIReC), Tokyo, Japan.

Taku, K. (2023, October 4). PTG applications in suicide prevention, intervention, and postvention. Virtually presented at Maryland’s 35<sup>th</sup> Annual Suicide Prevention Conference, Connecting to Hope. Maryland Department of Health and University of Maryland School of Medicine [synchronous online], US.

Taku, K. (2022, December). Tips to mentor students’ publication and write manuscripts for peer-reviewed journals. Virtually presented at the 30<sup>th</sup> Annual Meeting of the Japan Society of Youth and Adolescent Psychology.

Taku, K. (2022, May 10). Posttraumatic growth, research, and clinical insights. University of Turin [synchronous online], Italy.

Taku, K. (2021, December). COVID-19 and psychological growth: Thoughts based on PTG research. Keynote at the talk hosted by Professor Maeda. [In-person and webinar], Japan.

Taku, K. (2021, November). What are our goals by supporting children? From the aspects of PTG (posttraumatic growth). Speaker for the series #3: Disaster and child support hosted by NPO Katariba and Renaissance of Japanese Education (ROJE). [synchronous online], Japan.

Taku, K. (2021, November). How PTG research can contribute to child and adolescent psychiatry. Invited talk to be presented at the 62<sup>nd</sup> Annual Meeting of the Japanese Society for Child and Adolescent Psychiatry. [online pre-recorded], Nagasaki, Japan.

Taku, K. (2021, August). Growing from our Traumatic Experiences. Invited interview for Main Stage session, “The Science of Resilience – Bounce Back from Adversity”, at the 129<sup>th</sup> American

Psychological Association (APA) Annual Convention, Online.

Taku, K. (2021, April). Cross-cultural research on post-traumatic growth and post-traumatic stress disorder. Keynote at the Seventh Annual Mental Health Research Symposium Virtual Conference, the Michigan School of Psychology sponsored by Psi Chi, MI.

Taku, K. (2019, April). Posttraumatic Growth. Presented at Older Person's Commission, Rochester, MI.

Taku, K. (2019, March). Fukushima to Chernobyl: Posttraumatic growth. Presented at Chernobyl then and now: A global perspective symposium, Oakland University, MI.

Taku, K. (2017, May). Evaluating PTG: Posttraumatic Growth Inventory and Extended version of the Posttraumatic Growth Inventory. Presented at the Fifth PTG & Resilience workshop, Tokyo, Japan.

Taku, K. (2016, August). PTG and its clinical application. Invited speech presented at Tokyo Medical Dentist University, Tokyo, Japan.

Taku, K. (2016, July). History of psychology, PTSD, and PTG. Invited speech presented at Human Communication Club (HCC), Tokyo, Japan.

Taku, K. (2016, March). Culture, Buddhism, and PTG. Presented at Kyoto Forum, Osaka, Japan.

Taku, K. (2016, March). PTG and clinical application. Presented at Kyoto Prefectural University of Medicine, Kyoto, Japan.

Taku, K. (2016, February). Psycho-Educational Program about PTG: Living, Dying, and Growing. Educational lecture presented at the 17th annual conference of the Japan Association for Life and Death Education, Tokyo, Japan.

Taku, K. (2015, May). PTG: Exploring the possibilities of psycho-educational intervention program. Presented at the Fourth PTG & Resilience workshop, Tokyo, Japan.

Taku, K. (2014, November). *Experiences of personal growth resulting from trauma: Posttraumatic growth*. Symposium paper presented in S. Saito, K. Yoshida, and T. Ito's (Co-chair), what psychology have contributed for major catastrophe and what psychology should do in the future, at the 56<sup>th</sup> Japanese Association of Educational Psychology, Kobe, Japan.

Taku, K. (2014, June). Path toward PTG research. Invited speech presented at Kobe University, Kobe, Japan.

Taku, K. (2014, June). Posttraumatic growth among the bereaved and health care professionals. Speech presented at the 30<sup>th</sup> workshop at the clinical thanatology and geriatric behavioral science, Osaka University, Osaka, Japan.

Taku, K. (2013, December). How does PTG change us? Speech presented at the meeting of Life Educations and Studies at Tokai University, Tokyo, Japan.

Taku, K. (2013, December). Discussion about posttraumatic growth (PTG). Presented at the Tohoku University symposium: Recovery from earthquake, Sendai, Japan.

Taku, K. (2013, June). Future Directions and Limitations of the Posttraumatic Growth Inventory. Presented at the Third PTG & Resilience workshop, Tokyo, Japan.

Taku, K. (2012, November). Posttraumatic Growth. Keynote speech was presented at the interdisciplinary, cross-cultural, social service exchange conference, "Trauma, Resiliency, & Kokoro wo hiraku," Chicago, IL.

Taku, K. (2010, December). Posttraumatic growth, stress-related growth, benefit finding, and resiliency. Presented at the Second PTG & Resilience workshop, Tokyo, Japan.

Taku, K. (2010, June). Posttraumatic Growth: Cross-Cultural Perspectives. Presented at the First PTG & Resilience workshop, Tokyo, Japan.

## **Conference Presentations: Symposium, Oral and Poster Presentations**

Elam, T., & Taku, K. (2024, April). Resiliency: Too much or not enough of a “good” thing? Talk to be given at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Hicks, P., & Taku, K. (2024, April). Role of guilt in confession behaviors. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Machuk, A., Madison, J., Hicks, P., & Taku, K. (2024, April). The truth won’t set you free: The impact of length of confessions on negative affect. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Machuk, A., Safo, N., & Taku, K. (2024, April). Humiliation and social support: Influences on social anxiety levels. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Madison, J., Machuk, A., Hicks, P., & Taku, K. (2024, April). “Do you even lift bro?”: The difference in narcissism and selfie-taking between weightlifters and non-weightlifting exercisers. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Qaqish, A., Efthemiou, A., & Taku, K. (2024, April). I can take it: Life and job satisfaction in negative work environments. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Qaqish, A., Elam, T., & Taku, K. (2024, April). The associations that general life satisfaction has with work longevity, workplace resilience, and self-control. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Safo, N., Machuk, A., & Taku, K. (2024, April). Influential people: Inspiring or manipulative? Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Williams, K., Efthemiou, A., & Taku, K. (2024, April). Shades of responsibility: Dichotomous thinking’s role in negative life events. Poster to be presented at the 96<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.

Qaqish, A., Hicks, P., & Taku, K. (2024, March). Quick to quit: The influence of dichotomous thinking and workplace resilience on employment turnover. Abstract for virtual oral presentation to be given at the Michigan Academy of Science, Arts, & Letters Hybrid Conference, MI.

Efthemiou A., Williams, K., & Taku, K. (2024, February). Balancing thoughts: The role of dichotomous thinking in rumination. Abstract to be presented for Research Spotlight virtual presentation at the Annual Convention of the Society for Personality and Social Psychology (SPSP).

Hicks, P., Qaqish, A., & Taku, K. (2024, February). Is it time to quit: The influence of job satisfaction and frustration on turnover. Abstract to be presented for Research Spotlight virtual presentation at the Annual Convention of the Society for Personality and Social Psychology (SPSP).

Qaqish, A., Hicks, P., & Taku, K. (2024, February). That’s it, I quit! Decision making in a changing work environment. Abstract to be presented for Research Spotlight virtual presentation at the Annual Convention of the Society for Personality and Social Psychology (SPSP).

Safo, N., Hicks, P., Machuk, E., & Taku, K. (2024, February). Drinking through the lens of narcissism: Perceptions of alcohol-related issues and self-comparisons. Abstract to be presented for Research Spotlight virtual presentation at the Annual Convention of the Society for Personality and Social Psychology (SPSP).

Psychology (SPSP).

- Dordeski, L., Hicks, P., & Taku, K. (2023, August). Both sides of the big five: Victim-perpetrator overlap of exclusion, depression, and personality. Poster presented in person at the annual convention of the American Psychological Association (APA), Washington, DC.
- Efthemiou, A., Elam, T., & Taku, K. (2023, August). Differences in grief experiences: Posttraumatic growth, resilience, and the death of a grandparent. Poster presented in person at the annual convention of the American Psychological Association (APA), Washington, DC.
- Elam, T., & Taku, K. (2023, August). Are you an optimist or pessimist?: How attitudes play a role in posttraumatic growth and resilience. Poster presented in person at the annual convention of the American Psychological Association (APA), Washington, DC.
- Qaqish, A., Benson, K., & Taku, K. (2023, August). The effects of personal identity and narcissism on occupational importance. Poster presented in person at the annual convention of the American Psychological Association (APA), Washington, DC.
- Williams, K. A., Dordeski, L., & Taku, K. (2023, August). Exploring personality's role in antisocial behavior and medical distrust. Poster presented in person at the annual convention of the American Psychological Association (APA), Washington, DC.
- Benson, K., Hicks, P., & Taku, K. (2023, April). I can finally relate: Collective identity and posttraumatic growth. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Dordeski, L., & Taku, K. (2023, April). Playing both parts: Racial slurs and depression as victims and perpetrators. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Efthemiou, A., Elam, T., & Taku, K. (2023, April). Just my luck: life after trauma and comparative pessimistic outlooks. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Elam, T., Efthemiou, A., & Taku, K. (2023, April). Comparing ourselves to others: Examining optimistic outlooks with posttraumatic growth. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Qaqish, A., Benson, K., & Taku, K. (2023, April). Contradicting ideas behind posttraumatic growth in various levels of narcissism. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Safo, N., Williams, K., & Taku, K. (2023, April). An epidemic of misinformation: The relationship between conspiracy belief and trust in the COVID-19 vaccine. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Teasel, I., Hicks, P., & Taku, K. (2023, April). COVID-19 pandemic: Anger, xenophobia, and health anxiety of outgroup members. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Teasel, I., Luttrell, L., & Taku, K. (2023, April). Effects of gender on xenophobia and discrimination during the COVID-19 pandemic. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Williams, K., Safo, N., & Taku, K. (2023, April). Thinking about conspiracies: How different thinking styles influence conspiracy beliefs. Poster presented at the 95<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Dordeski, L., & Taku, K. (2023, March). Being left out: Exclusion and depression as victims and

- perpetrators. Virtually oral presentation was given at the Michigan Academy of Science, Arts, & Letters Hybrid Conference, MI.
- Efthemiou, A., Elam, T., & Taku, K. (2023, March). Birds of a feather flock together: Relating to others who have lost a grandparent. Virtually oral presentation was given at the Michigan Academy of Science, Arts, & Letters Hybrid Conference, MI.
- Williams, K., Safo, N., & Taku, K. (2023, February). Diving into conspiracy beliefs: Trauma and vaccine hesitancy. Poster virtually presented at the 24th Annual Meeting of the Society for Personality and Social Psychology (SPSP).
- Elam, T., O'Brien, C., & Taku, K. (2022, August). Examining the rationale behind perceived severity of modern and traditional type of depression. Abstract presented in person at the annual convention of the American Psychological Association (APA), 08 – Society for Personality and Social Psychology Division, Minneapolis, MN.
- Lico, M. P., Rhodes, J., Kozak, A. T., & Taku, K. (2022, August). Religion and precautionary behavior during a global pandemic. Abstract presented in person at the annual convention of the American Psychological Association (APA), 08 – Society for Personality and Social Psychology Division, Minneapolis, MN.
- Rhodes, J., Williams, K., & Taku, K. (2022, August). Isolation, self-construal, and aversive mental health during COVID-19. Poster presented in person at the annual convention of the American Psychological Association (APA), 08 – Society for Personality and Social Psychology Division, Minneapolis, MN.
- Williams, K., Rhodes, J., & Taku, K. (2022, August). The role of dichotomous thoughts on aversive mental health during the COVID-19 pandemic. Poster presented in person at the annual convention of the American Psychological Association (APA), 03 – Society for Experimental Psychology and Cognitive Science Division, Minneapolis, MN.
- Kaznowski, V., Dordeski, L., Dominick, W., & Taku, K. (2022, April). Posttraumatic growth and “negative” coping early in the COVID-19 pandemic. Poster presented at the 94<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Rhodes, J., Williams, K., Teasel, I., & Taku, K. (2022, April). The impact of anxiety on xenophobia and discrimination during COVID-19. Poster presented at the 94<sup>th</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Kaznowski, V., McDonald, D., & Taku, K. (2022, March). How do mindfulness and connectedness to nature act as mechanisms in the relationship between nature immersion and stress? Poster virtually presented for Michigan Academy of Science, Arts, & Letters Virtual Conference, MI.
- Benson, K., Pado, K., & Taku, K. (2022, February). Differences in perceptions of problematic alcohol use. Poster virtually presented at the 23<sup>rd</sup> Annual Meeting of the Society for Personality and Social Psychology (SPSP).
- Elam, T., Benson, K., & Taku, K. (2022, February). Are you better at reading people because you're empathetic? Poster virtually presented at the 23<sup>rd</sup> Annual Meeting of the Society for Personality and Social Psychology (SPSP).
- Williams, K., Rothig, O., Pado, K., & Taku, K. (2022, February). Health anxiety during the COVID-19 pandemic. Poster presented in-person at the 23<sup>rd</sup> Annual Meeting of the Society for Personality and Social Psychology (SPSP), San Francisco, CA.
- Matsui, T., & Taku, K. (2021, May). Relationship between posttraumatic growth and help-seeking behavior in use of psychosocial support services among cancer patients. Poster virtually presented at the 22<sup>nd</sup> World Congress of Psycho-Oncology and Psychosocial Academy (IPOS), Kyoto,

Japan.

- Benson, K., Rhodes, J., Nicholas, A., & Taku, K. (2021, April). Asymmetrical perceptions of academic failure and achievement. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Elam, T., Causey, E., Kaznowski, V., O'Brien, C., & Taku, K. (2021, April). Can undergoing trauma make you better at reading emotions in others? Examining the relationship between emotion recognition, traumatic events, and posttraumatic growth. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Fraus, K., Burley, E., Baker, N., & Taku, K. (2021, April). Burnout, motivation, and posttraumatic growth in medical students. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- O'Brien, C., Smith, K., & Taku, K. (2021, April). Anxiety changes from emotional and unemotional mass shooting media reports. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- O'Brien, C., & Taku, K. (2021, April). Racial differences in the perception of modern-type and traditional-type depression. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Rhodes, J., Benson, K., Nicholas, A., & Taku, K. (2021, April). Impact of racial discrimination on academic motivation and academic achievement. Pre-recorded poster presented at the 93<sup>rd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Causey, E., O'Brien, C., & Taku, K. (2021, April). Is resilience hiding a dark side? An exploration of resilience. Pre-recorded poster virtually presented at the 7<sup>th</sup> Annual Research Symposium Virtual Event of the Michigan School of Psychology sponsored by Psi Chi, MI. [Poster awarded]
- Kaznowski, V., O'Brien, C., & Taku, K. (2021, April). Mechanisms driving the nature and well-being relationship. Pre-recorded poster virtually presented at the 7<sup>th</sup> Annual Research Symposium Virtual Event of the Michigan School of Psychology sponsored by Psi Chi, MI.
- Benson, K., Nicholas, A., & Taku, K. (2021, March). Overcoming failure to cultivate wisdom: Mediation roles of resiliency and posttraumatic growth. Poster virtually presented at the Michigan Academy of Science, Arts, & Letters Annual Meetings, Alma College and Andrews University, MI.
- O'Brien, C., Rhodes, J., Kaznowski, V., & Taku, K. (2021, March). Anxiety, food disgust, and parenting styles: The complex factors associated with avoidant/restrictive food intake disorder. Poster virtually presented at the Michigan Academy of Science, Arts, & Letters Annual Meetings, Alma College and Andrews University, MI.
- Lange, M., Stacy, A., Waguri, S., Taku, K., Katz, C., & Yanagisawa, R. (2020, October). Evaluating resilience factors among great east Japan earthquake and tsunami survivors in Fukushima. Poster virtually presented at the American Public Health Association (APHA), San Francisco, CA.
- Pado, K., Fraus, K., Mulhem, E., & Taku, K. (2020, April, Conference Canceled). Influences of medical error on physicians' core beliefs. Poster to be presented at the 92<sup>nd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Rothig, O., O'Brien, C., & Taku, K. (2020, April, Conference Canceled). Extraversion as a predictor of children's perceived growth and creativity. Poster to be presented at the 92<sup>nd</sup> Annual Midwestern Psychological Association Conference, Chicago, IL.
- Adams, B., Elam, T., O'Brien, C., & Taku, K. (2020, March, Conference Postponed, Withdrawn).

- Examining the relationship between resilience and optimism. Poster for the Michigan Academy of Science, Arts, & Letters Annual Meetings, Lawrence Technological University, MI.
- Rothig, O., O'Brien, C., Fraus, K., & Taku, K. (2020, March, Conference Postponed, Withdrawn). Components of posttraumatic growth and their relationships with creativity. Abstract for the Michigan Academy of Science, Arts, & Letters Annual Meetings, Lawrence Technological University, MI.
- Mulhem, E., Essak, M., & Taku, K. (2019, November). Medical mishaps reported by health care providers. Poster session presented at the 47th Annual Meeting of NAPCRG (North American Primary Care Research Group), Toronto, Ontario, Canada.
- Dominick, W., Adams, B., & Taku, K. (2019, August). Impact of dolphins on children's social support and dolphin welfare knowledge. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 32 – Humanistic Psychology Division, Chicago, IL.
- Dominick, W., & Taku, K. (2019, August). Posttraumatic growth and pets: Does species matter? Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 32 – Humanistic Psychology Division, Chicago, IL.
- Hiraki, K., Hubarth, M., Taku, K., Kibi, S., Oshiro, R., Soejima, T., & Kamibeppu, K. (2019, August). Qualitative analysis of posttraumatic growth and posttraumatic depreciation in Japan. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 45 – Culture, Ethnicity and Race Division, Chicago, IL.
- Kibi, S., Minal, Q., Soejima, T., Oshiro, R., Hiraki, K., Kamibeppu, K., & Taku, K. (2019, August). Influences of the type and the experienced form of trauma on posttraumatic growth. Poster session presented and awarded at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Chicago, IL.
- Kopitz, J., Adams, B., & Taku, K. (2019, August). Dichotomous thinking and self-esteem in adolescents. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Psychology Division, Chicago, IL.
- Marton, V., Rothig, O., Kibi, S., Oshiro, R., Soejima, T., Kamibeppu, K., Hiraki, K., & Taku, K. (2019, August). Does disclosure moderate the impact of rumination on posttraumatic growth in firefighters? Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Chicago, IL.
- Nicholas, A. E., Rothig, O., McLarnon, M., & Taku, K. (2019, August). Resiliency moderating the relationship between failure and wisdom. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 09 – Society for the Psychological Study of Social Issues Division, Chicago, IL.
- Orille, A., Hubarth, M., & Taku, K. (2019, August). PTG and illusory growth: Gender perceptions of different growth types. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Psychology Division, Chicago, IL.
- Orille, A., Marton, V., & Taku, K. (2019, August). Relating to others' trauma: Does relatability affect posttraumatic growth? Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Psychology Division, Chicago, IL.
- Taku, K., & Marton, V. (2019, August). Cross-national comparisons of monetary donations to in-group and out-group members. Poster session presented at the 127<sup>th</sup> annual convention of the American Psychological Association (APA), 01 – General Psychology Division, Chicago, IL.
- Essak, M., Mulhem, E., & Taku, K. (2019, May). Medical mishaps reported by healthcare providers. Study presented at the 42<sup>nd</sup> Annual Michigan Family Medicine Research Day Conference,

Howell, MI.

- Nicholas, A. E., Rothig, O., & Taku, K. (2019, March). Failure is in the eye of the beholder: Moderating effects of subjective failure experiences on psychological outcomes. Poster presented at the Michigan Academy of Science, Arts, & Letters Annual Meetings, Alma College, MI.
- Kashihara, J., Yamakawa, I., Kameyama, A., Muranaka, M., Harrison, L., Dominick, W., Marton, V., Nicholas, A., Taku, K., & Sakamoto, S. (2018, September). Cross-cultural differences in perceptions of modern and traditional types depression between Japan and the United States. Poster session presented at the Australian Psychological Society Congress (APS), Sydney, Australia.
- Duronio, J. M., Nicholas, A., & Taku, K. (2018, August). Impactful life events and combined stressors related to posttraumatic growth. Poster session presented at the 126<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Division, San Francisco, CA.
- Duronio, J. M., Taku, K., & McLarnon, M. (2018, August). Resiliency, posttraumatic growth, and growth motivation. Poster session presented at the 126<sup>th</sup> annual convention of the American Psychological Association (APA), 19 – Military Division, San Francisco, CA.
- Harrison, L. K., Marton, V., & Taku, K. (2018, August). How narratives of authentic and illusory posttraumatic growth are perceived. Poster session presented at the 126<sup>th</sup> annual convention of the American Psychological Association (APA), 01 – General Psychology Division, San Francisco, CA.
- Kopitz, J., Harrison, L., & Taku, K. (2018, August). The influence of dark triad personality traits on perceived trauma. Poster session presented at the 126<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Division, San Francisco, CA.
- Kopitz, J., Marton, V., & Taku, K. (2018, August). The relationship between the Dark Triad and PTG resulting from interpersonal stressors. Poster session presented at the 126<sup>th</sup> annual convention of the American Psychological Association (APA), 08 – Personality and Social Division, San Francisco, CA.
- Kayano, A., Yamazaki, M., Taku, K., Sakai, R., Higo, N., Asano, M., Hosokawa, T., Kawase, M., & Fukui, M. (2018, June). Factors affecting long-term healthy behaviors and posttraumatic growth in Type 2 diabetes patients. Poster session presented at the American Diabetes Association's 78<sup>th</sup> Scientific Sessions, Orlando, FL.
- Harrison, L. K., Kopitz, J., & Taku, K. (2018, April). Which dimensions of narcissism are influential in reporting posttraumatic growth? Poster session presented at the 90<sup>th</sup> annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Kopitz, J., Marton, V., & Taku, K. (2018, April). Examining the relationship between the Dark Triad and posttraumatic growth. Poster session presented at the 90<sup>th</sup> annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Marton, V., Vens, K., & Taku, K. (2018, April). Personality traits and importance of nationality: Indicators of cultural adaptation? Poster session presented at the 90<sup>th</sup> annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Nicholas, A., Duronio, J., & Taku, K. (2018, April). Counter-intuitive impact of academic stressors on posttraumatic growth in bereaved college students. Poster session presented at the 90<sup>th</sup> annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Dominick, W., Kopitz, J., & Taku, K. (2018, April). Cross-cultural differences in perceptions of death in Japanese and American undergraduates. Poster session presented at the Evolutionary Perspectives

on Death Conference, Rochester, MI.

- Dominick, W., Walenski, A., Duronio, J., & Taku, K. (2017, August). Can pets help us experience growth after trauma? Symposium paper presented in R. G. Tedeschi & K. Taku (Co-Chair), Posttraumatic growth: New applications of the concept to emotional development, at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), Division 56 (trauma psychology), Washington, DC.
- Harrison, L. K., Moonier, M., & Taku, K. (2017, August). A cross-cultural study of narcissism and posttraumatic growth. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 01 – Society for General Psychology Division, Washington DC.
- Iimura, S., & Taku, K. (2017, August). Prospective changes in personal growth and resilience during transition to high school. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 7 – Developmental Psychology Division, Washington, DC.
- Iimura, S., & Taku, K. (2017, August). Transition to high school: What are the positive personality changes related to personal growth? Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 8 – Society for Personality and Social Psychology Division, Washington, DC.
- McDiarmid, L., & Taku, K. (2017, August). The role of family values: Posttraumatic growth in adolescents. Symposium paper presented in R. G. Tedeschi & K. Taku (Co-Chair), Posttraumatic growth: New applications of the concept to emotional development, at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), Division 56 (trauma psychology), Washington, DC.
- Moonier, M. R., Harrison, L., Taku, K., & Iimura, S. (2017, August). Cross-cultural perceptions of death in Japanese and American undergraduates. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 36 – Psychology of Religion and Spirituality Division, Washington, DC.
- Nakamura, T., Tsuchiya, H., & Taku, K. (2017, August). The feature of posttraumatic growth specialized after an athletic injury. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 47 – Society for Sport, Exercise & Performance Psychology Division, Washington, DC.
- Taku, K., & Oshio, A. (2017, August). Moderation effects of religiosity and dichotomous thinking on self-esteem among American adolescents. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 36 – Psychology of Religion and Spirituality Division, Washington, DC.
- Walenski, A. M., Seyburn, S., Harrison, L., & Taku, K. (2017, August). The importance of attributing events to posttraumatic changes in adolescents. Poster session presented at the 125<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Washington, DC.
- Hirooka, K., Fukahori, H., Taku, K., Togari, T., & Ogawa, A. (2017, June). Is good death correlated with posttraumatic growth among bereaved family members of cancer patients dying at home? Abstract presented at the 22nd Congress of the Japanese Society for Palliative Medicine, Yokohama, Japan.
- Harrison, L., Moonier, M., Seyburn, S., & Taku, K. (2017, April). Are narcissism and posttraumatic growth correlated in college students? Poster session presented at the 89th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.

- Osowski, G., Vens, K., Dominick, W., & Taku, K. (2017, April). Is religious value associated with resilience in a sample of Christian adolescents? Poster session presented at the 89th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Seyburn, S., Osowski, G., Duronio, J., & Taku, K. (2017, April). Social support and resilience: Predictors of self-esteem in adolescents. Poster session presented at the 89th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Iimura, S., & Taku, K. (2016, November). Posttraumatic growth as a result of the transition to high school: Relationships with the changes in resiliency and personality traits. Oral session presented at the 24<sup>th</sup> annual conference of the Japan Society of Youth and Adolescent Psychology, Shiga, Japan.
- Dominick, W. S., & Taku, K. (2016, November). Individual images of personal growth and posttraumatic growth in American youth. Poster session presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- McDiarmid, L., Britton, M., & Taku, K. (2016, November). When does time heal? Perceived stressfulness as a moderator of time and posttraumatic growth. Poster session presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- Taku, K. (2016, November). Core belief disruption and posttraumatic growth following the Great East Japan earthquake. Symposium paper presented in R. G. Tedeschi (Chair), Core belief disruptions contributing to posttraumatic growth in Japan, Australia, and Puerto Rico, at the 32nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
- Nakamura, T., Tsuchiya, H., & Taku, K. (2016, November). Developing a scale measuring PTG specific to sports injury: Preliminary study for question item selection. Poster session presented at the 43<sup>rd</sup> Japanese Society of Sport Psychology, Sapporo, Japan.
- Eckleberry-Hunt, J., Kirkpatrick, H., Taku, K., Hunt, R., & Vasappa, R. (2016, September). Physician wellness and happiness in the workplace. Paper presented at the 2016 International Conference on Physical Health (ICPH), Boston, MA.
- Dominick, W. S., & Taku, K. (2016, August). Gender and age differences in the perception of personal growth. Poster session presented at the 124th annual convention of the American Psychological Association (APA), 32 – Humanistic Psychology Division, Denver.
- McDiarmid, L., & Taku, K. (2016, August). Personally important and family valued posttraumatic growth in adolescents. Poster session presented at the 124th annual convention of the American Psychological Association (APA), 1 – General Psychology Division, Denver.
- Walenski, A., Seyburn, S., McDiarmid, L., & Taku, K. (2016, August). The influence of experiencing multiple life stressors following the 3.11 earthquake on posttraumatic growth. Poster session presented at the 124th annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Denver.
- Taku, K. (2016, July). A brief psycho-educational intervention program on posttraumatic growth. Symposium paper presented in Y. Tominaga (Chair), Posttraumatic growth resulting from 3.11 in school settings, at the 31st International Congress of Psychology (ICP), Yokohama, Japan.
- Taku, K. (2016, July). PTG and resilience in Hong Kong, Turkey, Japan, and the US: Toward culturally-sensitive research. Symposium organized and paper presented for the 31st International Congress of Psychology (ICP), Yokohama, Japan.
- Iimura, S., & Taku, K. (2016, July). Assessing the current sense of personal growth among Japanese middle school children. Poster session [rapid communication] presented at the 31st International Congress of Psychology (ICP), Yokohama, Japan.

- Kamijo, N., Taku, K., & Yukawa, S. (2016, July). Gender differences in the role of intrusive and deliberate ruminations on posttraumatic growth after 3.11. Poster session presented at the 31st International Congress of Psychology (ICP), Yokohama, Japan.
- Matsui, T., & Taku, K. (2016, July). Association between posttraumatic growth and personality among cancer patients in Japan. Poster session presented at the 31st International Congress of Psychology (ICP). Yokohama, Japan.
- Izawa, S., Hirooka, K., Fukahori, H., Taku, K., & Ogawa, A. (2016, June). Posttraumatic growth among bereaved cancer family members at home palliative care: Content analysis of open-ended responses. Oral presentation made at the 21st Congress of the Japanese Society for Palliative Medicine, Kyoto, Japan.
- Taku, K. (2016, May). From the perspectives of posttraumatic growth. Symposium paper presented in H. Hirotsune & M. Ito (Co-chair), Psychotherapy for trauma: Exploration of common factors for recovery across disciplines and practices, at the 15th Japanese Society for Traumatic Stress Studies (JSTSS), Sendai, Japan.
- Dominick, W. S., Genaw, J., Seyburn, S., & Taku, K. (2016, May). Strength versus compassion: Cultural disparities in personal growth. Poster session presented at the 88th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Seyburn, S., Taku, K., Dominick, W., & McDiarmid, L. (2016, May). Social support as a predictor of posttraumatic growth in adolescents. Poster session presented at the 88th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Walenski, A., & Taku, K. (2016, May). The influence of experiencing multiple stressful events on posttraumatic growth. Poster session presented at the 88th annual meeting of the Midwestern Psychological Association (MPA), Chicago, IL.
- Taku, K., Eckleberry-Hunt, J., & Kirkpatrick, H. (2015, August). Burnout and psychological growth affects wellness in physicians. Symposium paper presented in R. G. Tedeschi (Chair), Health care professionals and patients facing trauma: Optimizing satisfaction and growth, at the 123<sup>rd</sup> annual convention of the American Psychological Association (APA), Division 56 (trauma psychology), Toronto.
- Walenski, A., Taku, K., & LaLonde, L. (2015, August). Cross-cultural differences in the relationships between hope and posttraumatic growth. Poster session presented at the 123<sup>rd</sup> annual convention of the American Psychological Association (APA), 32 – Humanistic Psychology Division, Toronto.
- LaLonde, L., Taku, K., & Walenski, A. (2015, August). Personally important posttraumatic growth as a predictor of self-esteem in adolescents. Poster session presented at the 123<sup>rd</sup> annual convention of the American Psychological Association (APA), 1 – General Psychology Division, Toronto.
- Anderson, D., Prioleau, P., Andoh, S., Naruse, Y., Sekine, H., Taku, K., Yanagisawa, R., & Katz, C. (2015, May). Post-traumatic stress responses and growth among medical students in Fukushima, Japan after the Great East Japan Earthquake of 2011. Poster session presented at the 168<sup>th</sup> annual meeting of American Psychiatric Association (APA), Toronto.
- Prioleau, P., Anderson, D., Taku, K., Katz, C., & Yanagisawa, R. (2015, May). 3/11 & 9/11: A multi-faceted investigation of a survivor exchange program. Poster session presented at the 168<sup>th</sup> annual meeting of American Psychiatric Association (APA), Toronto.
- Taku, K., McGuire, K., & Elam, S. G. (2014, August). Effects of priming the shared traumatic experiences on posttraumatic growth. Poster session presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 1 – General Psychology Division, Washington,

DC.

- Taku, K., Tedeschi, R. G., Cann, A., & Calhoun, L. G. (2014, August). Core beliefs, rumination, and posttraumatic growth resulting from the earthquake in Japan. Poster session presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Division, Washington, DC.
- Tedeschi, R. G., Taku, K., Cann, A., & Calhoun, L. G. (2014, August). Spiritual and existential posttraumatic growth in Japan and in the United States. Poster session presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 67 – Religion Division, Washington, DC.
- Taku, K. (2014, May). *Associations between posttraumatic growth and burnout*. Symposium paper is presented in K. Taku and D. Nishi's (Co-chair), Research on posttraumatic growth, future directions, and implications for clinical work, at the 13<sup>th</sup> annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Fukushima, Japan.
- Britton, M., McGuire, K., LaLonde, L., & Taku, K. (2014, February). The combined role of gender and religiosity on the self-esteem of American adolescents. Poster session presented at the 120<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Rochester, MI.
- Elam, S., McGuire, K., & Taku, K. (2014, February). Cross-cultural comparisons of the awareness of posttraumatic growth on positive psychological change among American and Japanese adolescents. Poster session presented at the 120<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Rochester, MI.
- Taku, K., Elam, S. G., & Sawa, M. S. (2013, November). Influence of resilience and posttraumatic growth on burnout in healthcare physicians. Poster session presented at the 29<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Philadelphia, PA.
- Taku, K. (2013, May). Within-individual variability as an index of posttraumatic growth. Poster session presented at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Taku, K., Thomas, I., Elam, S. G., & McGuire, K. L. (2013, May). Linguistic variances associated with psychological growth: Effect of collectivistic and individualistic climates. Poster session presented at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Taku, K. (2012, August). *Cross-cultural differences in the perceived favorability of posttraumatic growth experiences*. Symposium paper presented in R. G. Tedeschi (Chair), Similarities and differences in posttraumatic growth across cultures, at the 120<sup>th</sup> annual convention of the American Psychological Association (APA), Orlando, FL.
- Taku, K., Pierson, V. J., & Sawa, M. S. (2012, August). Subjective definitions of growth and religions correlate with posttraumatic growth. Poster presented at the 120<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Orlando, FL.
- Eckleberry-Hunt, J., Kirkpatrick, H., Taku, K., Hunt, R., Vasappa, R., & Essian, J. (2012, April). What makes a physician well: Development of the Physician Wellness Inventory. Paper presented at the 45<sup>th</sup> Society of Teachers of Family Medicine (STFM) annual spring conference, Seattle, WA.
- Taku, K., Pierson, V. J., Callan, S. P., & Butler, T. C. (2011, August). Gender and cross-cultural differences in personal strength: Roles of optimism and self-defined growth. Poster session presented at the 119<sup>th</sup> annual convention of the American Psychological Association (APA), 1 – Society for General Psychology Division, Washington, DC.
- Taku, K., Rogers, L., Yanos, B. R., & Callan, S. P. (2011, August). Social encouragement for growth correlates with posttraumatic growth among bereaved college students. Poster session presented at the 119<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma

Psychology Division, Washington, DC.

- Taku, K., Rogers, L., Butler, T. C., Yanos, B. R., & Callan, S. P. (2011, March). Exploring posttraumatic growth: Do additional domains exist? Paper presented at the 117<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Saginaw, MI.
- Taku, K., Yanos, B. R., & Pierson, V. J. (2011, March). Posttraumatic growth varying in event type: A cross-cultural study. Paper presented at the 117<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Saginaw, MI.
- Phillips, M., & Taku, K. (2010, August). Domains of posttraumatic growth correlates with changes in alcohol use. Poster session presented at the 118<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, San Diego, CA.
- Taku, K., Callan, S. P., & Phillips, M. (2010, August). Faith, age, and stress associates with spirituality of posttraumatic growth. Poster session presented at the 118<sup>th</sup> annual convention of the American Psychological Association (APA), 36 – Religion Division, San Diego, CA.
- Lewitzke, K., LaFramboise, A., & Taku, K. (2010, March). Cross-cultural examination in posttraumatic growth: Comparison of parental divorce verses loss of immediate family member. Paper presented at the 116<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Grand Rapids, MI.
- Wrobel, N. C., & Taku, K. (2010, March). Predicting structural equation modeling use through article characteristics. Paper presented at the 116<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Grand Rapids, MI.
- Taku, K., Kilmer, R. P., & Phillips, M. S. (2009, November). *Assessing concordance between student and teacher ratings of posttraumatic growth in Japanese youth*. Poster session presented at the 25<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.
- Taku, K., & Phillips, M. S. (2009, November). *Frequencies of posttraumatic growth experiences among Japanese university students*. Poster session presented at the 25<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.
- Taku, K., Kilmer, R. P., & Trevorrow, B. N. (2009, August). *Association between event-related rumination and posttraumatic growth in Japanese youth*. Poster session presented at the 117<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Toronto, Canada.
- Kelly, J. M., Clark, C. R., Gambino, M. L., Maguire, K. L., Taku, K., & Stewart, R. B. (2009, May). *Effects of savoring and psychological well-being on satisfaction with life*. Poster session presented at the 21<sup>st</sup> annual convention of the Association for Psychological Science (APS), San Francisco, CA.
- Taku, K., Andreski, S. R., & Kilmer, R. P. (2009, March). *Perceived competence correlates with posttraumatic growth in Japanese adolescents*. Poster session presented at the 115<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Detroit, MI.
- Taku, K. (2009, March). *Possible explanations for positive and negative experiences resulting from trauma*. Symposium paper presented in N. Asukai and K. Taku's (Co-chair), Research on posttraumatic growth: Clinical implications and future directions, at the 8<sup>th</sup> annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Tokyo, Japan.
- Taku, K. (2009, March). *Meaning making in posttraumatic growth process*. Poster session presented at the 8<sup>th</sup> annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Tokyo, Japan.

- Taku, K. (2008, November). *Posttraumatic growth among Japanese middle school students*. Symposium paper presented in R. P. Kilmer's (Chair), Examining posttraumatic growth in children and youth: Cross-cultural findings, at the 24th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Taku, K., Cann, A., Calhoun, L. G., & Tedeschi, R. G. (2008, November). *Testing the factorial equivalencies of the rumination items across a U.S. and Japanese samples*. Poster session presented at the 24th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Taku, K., Vishnevsky, T., Cann, A., Kilmer, R. P., Tedeschi, R. G., & Calhoun, L. G. (2008, August). *Perceived responsibility correlates with posttraumatic growth in Japanese youth*. Poster session presented at the 116th annual convention of the American Psychological Association (APA), 52 – International Psychology Division, Boston, MA.
- Vishnevsky, T., Lindstrom, C. M., Cann, A., Tedeschi, R. G., Calhoun, L. G., & Taku, K. (2008, August). *Core beliefs inventory: Effects of trauma on assumptive world beliefs*. Poster session presented at the 116th annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Boston, MA.
- Taku, K., Calhoun, L. G., Kilmer, R. P., & Tedeschi, R. G. (2008, March). *Posttraumatic growth and non-traumatic growth in Japanese youth*. Paper session presented at the 54th annual meeting of the Southeastern Psychological Association (SEPA), Charlotte, NC.
- Taku, K., Kilmer, R. P., Tedeschi, R. G., & Calhoun, L. G. (2007, November). *Using school programming to help Japanese youth recognize posttraumatic growth*. Poster session presented at the 23rd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, MD.
- Taku, K., Cann, A., Calhoun, L. G., Tedeschi, R. G., & Lindstrom, C. (2007, November). *Willingness to disclose, posttraumatic growth, and rumination in Japanese students*. Poster session presented at the 23rd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, MD.
- Taku, K. (2006, November). *The Japanese version of the posttraumatic growth inventory*. Symposium paper presented in L. G. Calhoun's (Chair), The assessment of posttraumatic growth in different cultural contexts, at the 22nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Hollywood, CA.
- Taku, K., Calhoun, L. G., Tedeschi, R. G., Kilmer, R. P., Gil-Rivas, V., & Cann, A. (2006, November). *Recipients' responsiveness correlates with posttraumatic growth in Japanese university students*. Poster session presented at the 22nd Annual of the International Society for Traumatic Stress Studies Meeting (ISTSS), Hollywood, LA.
- Taku, K., Calhoun, L. G., Tedeschi, R. G., Cann, A., Kilmer, R. P., & Gil-Rivas, V. (2006, August). *Posttraumatic growth and cognitive processing in Japanese university students*. Poster session presented at the 114th Convention of the American Psychological Association (APA), 52- International Psychology Division, New Orleans, LA.
- Taku, K., Calhoun, L. G., Tedeschi, R. G., & Cann, A. (2006, May). *Self-disclosure of stressful experiences correlates with growth in Japanese university students*. Poster session presented at the 18th Annual Convention of the Association for Psychological Science (APS), New York, NY.
- Taku, K. (2004). *Examining a feeling of self-growth resulting from stress among high school students: The relationships with the degree of solving the stress*. Poster session presented at the 17th Annual Conference of the Japanese Association of Health Psychology, 420-421, Tokyo, Japan.

- Taku, K. (2003). *The effect of stress experiences on the feeling of self-growth in junior high school students: An analysis of open-ended questions about making positive and negative meanings of stress experiences.* Poster session presented at the 45th Annual Conference of Japanese Association of Educational Psychology, 238, Osaka, Japan.
- Taku, K. (2002). *The influences of stress experiences on the ego developmental process: A case study of a female high school student who produced the narrative about positive meanings of her stress experiences.* Poster session presented at the 15th Annual Conference of the Japanese Association of Health Psychology, 146-147, Tokyo, Japan.
- Taku, K. (1999). *The influences of stress coping strategies on a sense of fulfillment and helplessness.* Paper presented at the 12th Annual Conference of the Japanese Association of Health Psychology, 162-163, Okayama, Japan.
- Taku, K. (1998). *Time stability of perceived stress coping strategy.* Poster session presented at the 62nd Annual Conference of Japanese Psychological Association, 409, Tokyo, Japan.
- Taku, K. (1996). *Manifestation of the psychological problems among Japanese middle school and high school students: The relationships between impulsive behaviors and irritability.* Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 229, Tsukuba, Japan.
- Saito, S., Sato, M., Yoshida, K., Yanagihara, R., Shinto, T., Nogami, N., Matsuda, N., Yamaguchi, M., Sumitomo, I., Masui, R., & Taku, K. (1996). *Study 1 on the psychological effects of the Great Hanshin-Awaji Earthquake.* Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 525, Tsukuba, Japan.
- Sato, M., Saito, S., Yoshida, K., Yanagihara, R., Shinto, T., Nogami, N., Matsuda, N., Yamaguchi, M., Sumitomo, I., Masui, R., & Taku, K. (1996). *Study 2 on the psychological effects of the Great Hanshin-Awaji Earthquake.* Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 526, Tsukuba, Japan.

## Teaching Experiences

Professor, Psychology Department, Oakland University (2020 to present)

Associate Professor, Psychology Department, Oakland University (2014 to 2020)

Assistant Professor, Psychology Department, Oakland University (2008 to 2014)

- PSY245 Introduction to Individual Differences and Personality Psychology
- PSY251/PSY2510 Statistics and Research Design
- PSY362 Statistical Analysis on Computers
- PSY445/PSY4974 Seminar in Individual Differences and Personality Psychology
- PSY461/PSY4510 Advanced Statistics in Psychology

Part-time Instructor, Psychology Department, University of North Carolina at Charlotte (2006 - 2008)

- PSY3001 Topics in Psychology: Cross-Cultural Psychology (2007 Fall and 2008 Spring)
- PSY3123 Social and Personality Development (2006 Fall, 2007 Spring, and 2007 Fall)

Part-time Instructor, Tokai College of Health Related Professions, Nagoya, Japan (2002 - 2003)

Part-time Instructor, Aichi Prefectural School of Aichi Nursing, Aichi, Japan (2000)

Part-time Instructor, Tokai College of Medical Engineering, Aichi, Japan (1999 - 2001)

Teaching Assistant, Department of Psychology and Human Developmental Sciences, Nagoya University,  
Nagoya, Japan

## **Professional Service Activities**

Editor-in-Chief for *Journal of Loss and Trauma*

Editorial Board Member for *Advances in Psychology*

Editorial Board Member for *Personality and Individual Differences*

Guest co-Editor, *Frontiers in Psychology* research topic on Emotional Functioning and Post-Traumatic  
Outcomes in the Aftermath of a Traumatic Event, 2021-2022

Special Guest Editor, *Behavioral Sciences* special issue on Posttraumatic Growth and Illusory Growth:  
Theory and Practice, 2017-2019

Ad hoc reviewer for *PeerJ*

Ad hoc reviewer for *Frontiers in Psychology*

Ad hoc reviewer for *Journal of Multidisciplinary Healthcare*

Ad hoc reviewer for *International Journal of Sport and Exercise Psychology*

Ad hoc reviewer for *Review of General Psychology*

Ad hoc reviewer for *Journal of Personality*

Ad hoc reviewer for *Psychological Assessment*

Ad hoc reviewer for *Journal of Traumatic Stress*

Ad hoc reviewer for *Anxiety, Stress, and Coping*

Ad hoc reviewer for *Disability and Rehabilitation*

Ad hoc reviewer for *American Journal of Orthopsychiatry*

Ad hoc reviewer for *Psycho-Oncology*

Ad hoc reviewer for *BioPsychoSocial Medicine*

Ad hoc reviewer for *Personality and Individual Differences*

Ad hoc reviewer for *Humor*

Ad hoc reviewer for *Journal of Social and Clinical Psychology*

Ad hoc reviewer for *Journal of Family Issues*

Ad hoc reviewer for *Japanese Journal of Research on Emotions*

Ad hoc reviewer for *Disability Studies Quarterly*

Ad hoc reviewer for *Hellenic Journal of Psychology*

Ad hoc reviewer for *Japanese Psychological Research*

Ad hoc reviewer for *Japanese Journal of Psychology*

Ad hoc reviewer for *Stress and Health*

Ad hoc reviewer for *Journal of Applied Developmental Psychology*

Ad hoc reviewer for *Journal of Cross-Cultural Psychology*

Ad hoc reviewer for *Child and Adolescent Psychiatry and Mental Health*

Ad hoc reviewer for *International Journal of Psychology*

Ad hoc reviewer for *Psychiatry Research*

Ad hoc reviewer for *Japanese Psychological Review*

Ad hoc reviewer for *Clinical Psychology Review*

Ad hoc reviewer for *Death Studies*

Ad hoc reviewer for *Psychological Trauma: Theory, Research, Practice, and Policy*

Ad hoc reviewer for *Journal of Anxiety Disorders*

Ad hoc reviewer for *Journal of Consulting and Clinical Psychology*

Ad hoc reviewer for *Journal of Adolescence*

Reviewer for *Czech Science Foundation Grant Proposal (CSF – Grant Agency in Czech Republic)*

Reviewer for *Austrian Science Fund (FWF)*

Reviewer for Psi Chi abstracts submitted for the Midwestern Psychological Association Conference, 2018

Reviewer for program submissions for the International Counseling Psychology Conference, 2008

## **Professional Clinical Experiences**

### **1. Clinical Psychologist in a medical institution and a counseling center**

2003 - 2005 Center for Psychotherapy and Counseling, Rissho University, Tokyo, Japan

2001 - 2003 Nagoya City Mental Health and Welfare Center, Nagoya, Japan

1999 - 2002 Psychiatry and Neurology in University Hospital, Aichi Medical University, Aichi, Japan

1999 - 2001 Formerly of the Educational Counseling Center, Nagoya, Japan

### **2. School Psychologist/ School Counselor in junior high schools and high schools**

2003 - 2005 Tokyo Metropolitan Itabashi 3rd Junior High School, Tokyo, Japan

2002 - 2003 Nagoya Public Yamada Junior High School, Nagoya, Japan

2000 - 2002 Aichi Prefectural Iwadzu Senior High School, Aichi, Japan

1999 - 2003 Nagoya Public Meito Senior High School, Aichi, Japan

### **3. Visiting Scholar**

2016.1.5. – 2016.6.30. Waseda University, Tokyo, Japan

2017.4.1. – 2018.3.31. Nihon University, Tokyo, Japan

## **Professional Affiliations**

2021 – Present: Society for Personality and Social Psychology

2017 – 2019: Japan Association for School Mental Health

2016 – 2019: Japan Association for Life and Death Education

2012 – Present: Midwestern Psychological Association (MPA)

2010 – 2015: Michigan Academy of Science, Arts and Letters

2010 – Present: American Psychological Association (APA)

2009 – 2017: Japanese Society for Traumatic Stress Studies (JSTSS)

2006 – 2014: International Society for Traumatic Stress Studies (ISTSS)

2004 – 2007: International Network on Personal Meaning

2002 – Present: Tokyo Society of Certified Clinical Psychologist

2000 – Present: Japan Society of Certified Clinical Psychologists

1999 – Present: Association of Japanese Clinical Psychology

1997 – 2009: Japanese Association of Health Psychology

1997 – 2020: Japanese Psychological Association

1996 – 2009: Japanese Association of Educational Psychology

## **Students Mentorship**

### **Ph.D.**

Whitney Dominick (2017-2020): The impact of dolphins and dolphin assisted therapy on children's psychological growth, distress, and education

Taylor Elam (2024-current): TBA

### **M.S.**

Taylor Elam (2022-2024): "I'll believe it when I see it": Behavior change and person perception

Lewis Luttrell (2022-2024): Using polyculturalism as a model to improve intergroup relations

Kaylie Williams (2021-2023): Psychological mechanisms behind belief in conspiracy theories and changing conspiratorial belief

Kayla Benson (2020-2023): Growing toward the common good: Collective action engagement as evidence for posttraumatic growth

Joseph Rhodes (2020-2022): Cultural differences in precautionary behavior during the COVID-19 pandemic

Kolton Smith (2020-2022): Victim-perpetrator overlap and posttraumatic growth

Colin O'Brien (2019-2021): Types of change in anxiety regarding mass shootings in response to new information

Kara Pado (2019-2021): Perceptions of tipping points of alcohol abuse tendencies in undergraduate students

Megan Hubarth (2018-2019): Attitudes, perceptions about child abuse and neglect: Changes between generations

Qandeel Minal (2018-2020): College cohort gender roles and sex differences in coping with adversity, optimism and posttraumatic growth

Olivia Rothig (2018-2020): Pushing through the hard times: Does growth after trauma enhance creativity in children?

Jessica Kopitz (2017-2019): Redefining negative personality traits and coping techniques after impacts of trauma in veterans

Alvin Nicholas (2017-2019): Achievement and resiliency moderating the relationship between failure and positive and negative psychological outcomes

Matthew Moonier (2016): Cross-cultural differences in the reporting of posttraumatic growth: The relationship between relational mobility and illusory posttraumatic growth (incomplete)

Whitney Dominick (2015-2017): The impact of pets and animal assisted therapy on posttraumatic growth and stress symptoms in adolescents

B.A/M.S.

Paxton Hicks (2023-current): TBA

Undergraduate Honors Theses

Amber Efthemiou (2023-2024): TBA

Avery Machuk (2023-2024): How anticipated social support and humiliation change social anxiety levels

Natalie Sao (2022-2023): What makes a person influential but not necessarily manipulative?

Isabelle Teasel (2022-2023): The paradoxical nature of resilience, optimism, and anxiety in relation to COVID-19

Victoria Kaznowski (2021-2022): Mechanisms driving the nature and psychological well-being relationship: Mindfulness and connection to nature intervention

Emilee Causey (2019-2020): Is resilience hiding a dark side? An exploration of resilience and unrealistic optimism

Katherine Fraus (2019-2020): The impact of a multitude of stressful life events on posttraumatic growth in adolescence

Velinka Marton (2018-2019): Youth perceptions of intergenerational discordance and immigrant well-being

Lauren Harrison (2017-2018): Posttraumatic growth and illusory growth: Attitudes toward growth types and the impact of individual differences

Jenna Duronio (2017-2018): Exploring military experiences: Clarifying the relation between resiliency and posttraumatic growth

Aundrea Walenski (2015-2016): Understanding the effects of multiple traumas on posttraumatic growth

Sharell Elam (2014-2015): High school student engagement study

Rebekah Hendrian (2013-2014): Posttraumatic growth in adolescents after sports-related injuries

Sean Callan (2010-2011): The importance of latent variable analysis: AMOS vs SPSS: How arbitrary decision regarding statistical methodology can impact a theory, a statistical exercise

Melanie Phillips (2009-2010): Health changes as a factor of posttraumatic growth

## Supervised Students' Research Presentation/Publication

- Elam, T., Dominick, W., & Taku, K. (2023, March). Shaken by guilt or growing with confidence? Positive and negative self-evaluations during COVID-19. Orally presented at the 2023 in-person Graduate Student Research Conference at Oakland University, MI.
- Adams, B., & Elam, T., & O'Brien, C. (2020, May, Conference Canceled). If you believe you can control life events, are you truly resilient? Poster to be presented at the 28<sup>th</sup> Meeting of Minds.
- Elam, T., & Adams, B. (2020, May, Conference Canceled). Why can illusions be perceived as real? Poster to be presented at the 28<sup>th</sup> Meeting of Minds.
- Fraus, K., & Causey, E. (2020, May, Conference Canceled). Differences in trauma severity and posttraumatic growth among high school students. Poster to be presented at the 28<sup>th</sup> Meeting of Minds.
- Margosian, S., Hickey, K., & Taku, K. (2020, March, Conference Canceled). Medical student attitudes toward communicating about death and caring for dying patients. Poster to be presented at the Class of 2020 Embark Capstone Colloquium.
- O'Brien, C., & Rothig, O. (2020, March). The relationship between parents' education level and children's openness and personal growth. Poster presented at the Oakland University Graduate Student Research Conference.
- Pado, K. (2020, March). Perfectionism in medical professionals increasing deliberate rumination and posttraumatic growth. Poster presented at the Oakland University Graduate Student Research Conference.
- Rothig, O., & Fraus, K. (2020, March). A sense of personal growth and creative behaviors among children. Poster presented at the Oakland University Graduate Student Research Conference.
- Adams, B., & Elias, N. (2019). Examining the effects of physician's specialty on medical mishaps. *Meeting of Minds Journal of Undergraduate Research, 21*.
- Elam, T., & Elias, N. (2019). Thoughts of dropping out of high school and posttraumatic growth: Examining the influence of a negative environment. *Meeting of Minds Journal of Undergraduate Research, 21*.
- Adams, B., & Elias, N. (2019, May). Medical mishaps: Does a physician's specialty determine severity? Poster presented at the 27<sup>th</sup> Meeting of Minds.
- Elam, T., & Elias, N. (2019, May). Thoughts of dropping out of high school and posttraumatic growth: Examining the influence of a negative neighborhood environment. Poster presented at the 27<sup>th</sup> Meeting of Minds.
- Elias, N., & Adams, B. (2019, May). Varying effects of experience has on the kinds of medical mishaps occurring during a physician's practice. Poster presented at the 27<sup>th</sup> Meeting of Minds.
- Marton, V., & Adams, B. (2019, May). How do immigrant parent-child adaptation differences affect psychological distress and personal growth in immigrant youth? Poster presented at the 27<sup>th</sup> Meeting of Minds.
- Nicholas, A., & Rothig, O. (2019, March). What has discrimination done for you: Subjective racial discrimination moderating psychological outcomes. Poster session presented at the Oakland University Graduate Student Research Conference.
- Rothig, O., & Nicholas, A. (2019, March). Not perfect but so close it's scary: The impact of achievement in determining psychological outcomes. Poster session presented at the Oakland University Graduate Student Research Conference.

- Harrison, L., & Orille, A. (2018). Can hearing about posttraumatic growth increase self-reported growth? *Meeting of Minds Journal of Undergraduate Research, 20*.
- Marton, V., & Duronio, J. (2018). The desire to foster personal growth in first- and second-generation immigrants: A U.S. military sample. *Meeting of Minds Journal of Undergraduate Research, 20*.
- Marton, V., & Elias, N. (2018). The effect of cancer or divorce on family members' posttraumatic growth: Examining domain differences between the groups. *Meeting of Minds Journal of Undergraduate Research, 20*.
- Harrison, L., & Orille, A. (2018, May). Can hearing about posttraumatic growth increase self-reported growth? Poster session presented at the 26<sup>th</sup> Meeting of Minds.
- Marton, V., & Duronio, J. (2018, May). The desire to foster personal growth in first- and second-generation immigrants: A U.S. military sample. Poster session presented at the 26<sup>th</sup> Meeting of Minds.
- Marton, V., & Elias, N. (2018, May). Does type of family-related stress affect posttraumatic growth? Examining differences among the different aspects of growth. Poster session presented at the 26<sup>th</sup> Meeting of Minds.
- Duronio, J., & Marton, V. (2017). One construct, two measures: Exploring the relationship between the CD-RISC and BRS. *Meeting of Minds Journal of Undergraduate Research, 19*.
- Harrison, L., & Duronio, J. (2017). Does childhood trauma inhibit the ability to perceive growth in adulthood? *Meeting of Minds Journal of Undergraduate Research, 19*.
- Seyburn, S., Vens, K., & Harrison, L. (2017). Which source of social support is more predictive of growth over time? *Meeting of Minds Journal of Undergraduate Research, 19*.
- Palmer, C. (2017, May). Medical mishaps survey. Study presented at the Michigan Family Medicine Research Presentation Day at Beaumont Hospital.
- Duronio, J., & Marton, V. (2017, May). One construct, two measures: The relationship between the CD-RISC and BRS. Poster session presented at the 25<sup>th</sup> Meeting of Minds.
- Harrison, L., & Duronio, J. (2017, May). Does childhood trauma inhibit the ability to perceive growth in adulthood? Poster session presented at the 25<sup>th</sup> Meeting of Minds.
- Seyburn, S., & Vens, K. (2017, May). Which source of social support is more predictive of growth over time? Poster session presented at the 25<sup>th</sup> Meeting of Minds.
- Harrison, L., Osowski, G., Seyburn, S., & Walenski, A. (2016). Wrongdoers and instigators: Stress and posttraumatic growth in a sample of high school students. *Meeting of Minds Journal of Undergraduate Research, 18*.
- Harrison, L., Osowski, G., Seyburn, S., & Walenski, A. (2016, May). Wrongdoers and instigators: Relationships between perceived stress and posttraumatic growth in high school students. Poster session presented at the 24<sup>th</sup> Meeting of Minds.
- Seyburn, S., & Walenski, A. (2016, May). Do the sources of social support affect posttraumatic growth? Poster session presented at the 24<sup>th</sup> Meeting of Minds.
- Genaw, J., & McDiarmid, L. (2015). High school bullying in Japan and America: Impact on self-esteem and personal growth. *Meeting of Minds Journal of Undergraduate Research, 17*.
- McDiarmid, L. (2015). Self-enhancement while reporting positive psychological changes resulting from a stressful event: Research on Japanese and American youth. *Meeting of Minds Journal of Undergraduate Research, 17*.

- Walenski, A., & Genaw, J. (2015). Gender and age differences in the development of hope post stressful life experiences. *Meeting of Minds Journal of Undergraduate Research, 17*.
- Genaw, J., & McDiarmid, L. (2015, May). High school bullying in Japan and America: Impact on self-esteem and personal growth. Poster session presented at the 23<sup>rd</sup> Meeting of Minds.
- McDiarmid, L., & Walenski, A. (2015, May). Japanese and American youth: What does personal growth mean? Poster session presented at the 23<sup>rd</sup> Meeting of Minds.
- Walenski, A., & Genaw, J. (2015, May). How does age and adversity affect the level of hope? Poster session presented at the 23<sup>rd</sup> Meeting of Minds.
- LaLonde L., & Elam, S. G. (2014). Pathways to posttraumatic growth: Effects of rumination on shaken beliefs after Great Japan Earthquake. *Meeting of Minds Journal of Undergraduate Research, 16*.
- Hendrian, R., & McGuire, K. L. (2014, May). Posttraumatic growth in adolescents after sports-related injuries. Poster session presented at the 22<sup>nd</sup> Meeting of minds.
- LaLonde L., & Elam, S. G. (2014, May). Pathways to posttraumatic growth: Can the way we ruminate about an event affect our experience of growth? Poster session presented at the 22<sup>nd</sup> Meeting of Minds.
- McGuire, K. L., & Elam, S. G. (2014, May). Heart-breaker vs. heart-broken: Does it matter for posttraumatic growth? Oral session presented at the 22<sup>nd</sup> Meeting of Minds.
- Elam, S. G., & McGuire, K. L. (2013). The influence of disclosure and religiosity on the posttraumatic growth of bereaved adolescents. *Meeting of Minds Journal of Undergraduate Research, 15*.
- McGuire, K. L., & Elam, S. G. (2013). Romantic relationship dissolutions: Assessing posttraumatic growth cross-culturally between American and Japanese undergraduate students. *Meeting of Minds Journal of Undergraduate Research, 15*.
- Thomas, I. (2013). Posttraumatic growth and medical pathological conditions: Examining the role of illness perception in college students. *Meeting of Minds Journal of Undergraduate Research, 15*.
- Elam, S., & McGuire, K. (2013, May). The influence of disclosure and religiosity on the posttraumatic growth of bereaved adolescents. Oral session presented at the 21<sup>st</sup> Meeting of Minds.
- McGuire, K., & Elam, S. (2013, May). Romantic relationship dissolutions: Assessing posttraumatic growth cross-culturally between American and Japanese undergraduate students. Poster session presented at the 21<sup>st</sup> Meeting of Minds.
- Thomas, I., & McGuire, K. (2013, May). A matter of perception: Contrasting posttraumatic growth in temporary and permanent medical pathologies of American college students. Poster session presented at the 21<sup>st</sup> Meeting of Minds.
- Elam, S., McGuire, K., & Waris I. (2013, May). Comparisons of impactful life events among adolescents in Japan and the United States. Poster session presentation at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association (Psi Chi), Chicago, IL.
- McGuire, K., Thomas, I., Elam, S., & Boulos, A. (2013, April). Examining posttraumatic growth in adolescents: A cross-cultural comparison of Japanese and American high school students. Research presentation at Psi Chi Research Colloquium, Oakland University, MI.
- Crispin, C., & Sawa, M. S. (2012). The effect of disclosure on Relating to Others domain of posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 14*.

- Sawa, M.S., & Pierson, V. J. (2012). Religious strength and posttraumatic growth: Examining the effect of alcohol consumption in college students. *Meeting of Minds Journal of Undergraduate Research, 14*
- Crispin, C. C., Sawa, M. S., & Pierson, V. J. (2012, May). Does relationship status foster disclosure?: A cross cultural insight on the effects of gender and relationship status on disclosure. Poster session presented at the 20<sup>th</sup> Meeting of Minds.
- Sawa, M. S., Theys, E. R., Crispin, C. C., & Pierson, V. J. (2012, May). Pathway to posttraumatic growth: How religious strength and alcohol consumption influence growth. Poster session presented at the 20<sup>th</sup> Meeting of Minds.
- Theys, E. R., Sawa, M. S., & Pierson, V. J. (2012, May). Financial and workplace problems as a possible trigger for growth: A cross-cultural look. Poster session presented at the 20<sup>th</sup> Meeting of Minds.
- Yanos, B. R. (2011). Posttraumatic growth and perceived changes in physical health: Exploring events triggering lifestyle change. *Meeting of Minds Journal of Undergraduate Research, 13*.
- Nagorka, J., & Rogers, L. (2011, May). Assessing degrees of growth with the Posttraumatic Growth Inventory: A literature review and analysis. Poster session presented at the 19<sup>th</sup> Meeting of Minds.
- Pierson, V. J., Butler, T. C., & Callan, S. P. (2011, May). Social aspects of posttraumatic growth: How disclosure and satisfaction facilitates a greater feeling of relating to others. Poster session presented at the 19<sup>th</sup> Meeting of Minds.
- Yanos, B. R., & Nagorka, J. (2011, May). Posttraumatic growth and perceived changes in physical health: Exploring events triggering lifestyle change. Poster session presented at the 19<sup>th</sup> Meeting of Minds.
- Jarrell, L. (2010). Posttraumatic growth, perceived directness of traumatic events, and religious strength among students. *Meeting of Minds Journal of Undergraduate Research, 12*.
- Rogers, L., Callan S., & Phillips, M. S. (2010). The effects of living arrangement and nation on posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 12*.
- Yanos, B. R., Phillips, M. S., & Rogers, L. (2010). Differences between the most experienced traumatic events on posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 12*.
- Pierson, V. J. (2010, September). *Personal strengths resulting from trauma: The United States and Japan's contrasting views on positive change and personal growth*. Poster session presented at the New Student Convocation 2010.
- Callan, S., Phillips, M. S., Rogers, L. (2010, May). Different factor structures: Discrepancy between American and Japanese understandings of posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.
- Jarrell, L., Callan, S., LaFramboise, A., Phillips, M. S. (2010, May). Posttraumatic growth and perceived directness of traumatic events among students who report different levels of religious strength. Poster session presented at the 18<sup>th</sup> Meeting of Minds.
- LaFramboise, A. (2010, May). A literature review of the Posttraumatic Growth Inventory: Examining the use of total scores and subscale scores. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

- Phillips, M. S. & Callan, S. (2010, May). Positive health changes in relation to posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.
- Rogers, L., Callan, S., & Phillips, M. S. (2010, May). Where you live and where you're from: The effects of living arrangement and nation on posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.
- Yanos, B., Phillips, M. S., Callan, S., & Rogers, L. (2010, May). Effects of the most common traumatic events on posttraumatic growth: Death, romantic relationship problems, and family issues. Poster session presented at the 18<sup>th</sup> Meeting of Minds.
- Lewitzke, K. A. (2009). Examining level of optimism with nation differences and posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 11*, 116-121.
- Phillips, M. S. (2009). Posttraumatic growth and perceived directness of a traumatic event in American and Japanese university students. *Meeting of Minds Journal of Undergraduate Research, 11*, 110-115.
- Wrobel, N. (2009). Reviewing three decades worth of statistical advancements in industrial-organizational psychological research. *Meeting of Minds Journal of Undergraduate Research, 11*, 95-100.
- Lewitzke, K. A., & Taku, K. (2009, September). *Different Cultures, Different Results: Do women experience a positive change after crisis more than men?* Poster session presented at the New Student Convocation 2009.
- Wrobel, N. (2009, September). *Could younger researchers be responsible for statistical analysis of older researchers?* Poster session presented at the New Student Convocation 2009.
- Craite, J., & Lewitzke, K. A. (2009, May). *Posttraumatic growth as a benefit of breast cancer.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.
- Lewitzke, K. A., & Wrobel, N. (2009, May). *Examining level of optimism with nation differences and posttraumatic growth.* Paper session presented at the 17<sup>th</sup> Meetings of Minds.
- Phillips, M. S., & Trevorrow, B. N. (2009, May). *Perceived directness and posttraumatic growth in American and Japanese university students.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.
- Trevorrow, B. N., & Phillips, M. S. (2009, May). *Relation of death and its association to posttraumatic growth among U.S. college students.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.
- Wrobel, N. (2009, May). *Reviewing three decades worth of statistical advancements in industrial-organizational psychological research.* Paper session presented at the 17<sup>th</sup> Meetings of Minds.